

## Safety at work at the Institute of Physics

## COVID-19 related hygiene regulations (07.05.2020)

Please read the hygiene regulations given below and certify by your signature that you will act accordingly during your work at the Institute of Physics until further notice:



- Avoid physical contact (e.g. handshakes).
- Keep a physical distance of at least 1.5m between people.
- The maximum number of people allowed in one room is two.
- Sneeze in your armpit, if required. Use tissues only once.
- Wash your hands regularly with soap (min 20s, single use/ fresh towels only).
- The door of the lavatory needs to be kept open to avoid touching the door handle.
- Wear a face mask in the public spaces of the Institute (Corridors, staircases).
- Wear a face mask in the labs and offices, if a distance of at least 2m between people cannot be guaranteed.
- Do not touch the part of your mask, covering your face. Wash/ disinfect your hands before/ after handling your mask.
- Replace a humid mask, as this will degrade its functionality. Follow the specific handling conditions of your mask.
- Obey the regulations displayed at the staircases and lifts.
- Do not enter any non-empty room without explicit invitation.

Name in block letters

Date, Signature of Institute member

Document by M. Jourdan (consultant for safety at work of the Institute of Physics, 07.05.2020)